## QUANTUM LIGHT BREATH MEDITATION PRACTICE

Take a meditative, moving, rhythmic breathwork journey.

Release energetic blocks that prevent intimacy while heightening conscious experience.



Sat., Jan. 11, 6:30-8:30PM @ 2100 Fairway Dr., #102 Doors open at 6PM – social to follow

Suggested donation: \$25 Bring a friend, a partner, or come solo!

RSVP & Details @